

2009 BCWCA Girls Track and Field All-County Teams

Coach of the Year: *Bob Parker* (Mahwah) **Team of the Year:** *Mahwah*

<u>100 m.</u>	First Team Myasia Jacobs (9) Paramus Catholic Coach Scott Langan	Second Team Janelle Liu Cresskill	Third Team Tiffany Mills Teaneck
<u>100 HH.</u>	First Team Tiffany Evangelou (11) Immaculate Heart Ac. Coach Shemayne Williams	Second Team Stephanie Carnevale River Dell	Third Team Jennifer SantAnna Pascack Hills
<u>200 m.</u>	First Team Bryanna Knight (11) Paramus Catholic Coach Scott Langan	Second Team Serenity Martin Immaculate Heart Ac.	Third Team Jenn Nass Hasbrouck Heights
<u>400 m.</u>	First Team Rae Corbo (11) Paramus Catholic Coach Scott Langan	Second Team Michelle McCourt Immaculate Heart Ac.	Third Team Rebecca Sskovira - Park Ridge Aderonke Bakare - Teaneck
<u>400 IH.</u>	First Team Katelyn Ary (10) Demarest Coach Zoe Garriilidis	Second Team Christine Spilka Demarest	Third Team Jennifer SantAnna Pascack Hills
<u>800 m.</u>	First Team Julieanne Fontana (11) Pascack Hills Coach Christie Rossig	Second Team Diane Bain Ramsey	Third Team Chrtistine Spilka Old Tappan
<u>1600 m.</u>	First Team Erin McKenna (12) Ramapo Coach Bill Manzo	Second Team Julie Sinkovitz Immaculate Heart Ac.	Third Team Kaliegh Kenny Holy Angels
<u>3200 m.</u>	First Team Sarah Pagano (12) Immaculate Heart Ac. Coach Shemayne Williams	Second Team Alexandra Clinton Ramsey	Third Team Erin Thompson Immaculate Heart Ac.

<u>4x400 m.</u>	First Team Immaculate Heart Academ Coach Shemayne Williams Michelle McCourt (11) Julie Sinkovitz (11) Sarah Pagano (12) Jen Pash (9)	Second Team Teaneck Coach Cheryl Miller Kahlia Taylor Alison Price Aderonke Barake Shaena Wizzard	Third Team Ramsey Coach Matt Wynne Kayla O'Neill Sarah Hudson Diane Bain Elizabeth Rosenberger
<u>Long Jump</u>	First Team Kristen Brown (12) Dwight Morrow Eng. Coach Reggie Williams	Second Team Danna Wasserman Demarest	Third Team Daequanna Owen Hackensack
<u>Triple Jump</u>	First Team Kirsten Bowens (12) Mahwah Coach Bob Parker	Second Team Marie Minasi Holy Angels	Third Team (tie) Amanda Parisi - Indian Hills Mbalu Keita - Teaneck
<u>High Jump</u>	First Team Heather Gearity (12) Rutherford HS Coach Season Lyons	Second Team Allie Ritchards Mahwah	Third Team Rachel Watkins Indian Hills
<u>Pole Vault</u>	First Team Michelle Favre (12) Saddle Brook Coach Ed Ciccone	Second Team Chelsea Hartigan Ramapo	Third Team Ashley Walker Mahwah
<u>Shot Put</u>	First Team Apresha Hampton (10) Teaneck Coach Warren Lucious	Second Team Olivia Wade Paramus Catholic	Third Team Ashley Sims Paramus Catholic
<u>Discus</u>	First Team (tie) Teresa Kirkpatrick (12) Pascack Hills Coach Christie Rossig	First Team (tie) Hannah Mayer (11) Northern Highlands Coach Tom Buono	Third Team (tie) Alyssa Connors - Has. Hts. Megan Gonzalez - Rdgwd
<u>Javelin</u>	First Team Shannon Sullivan (12) Immaculate Heart Ac. Coach Shemayne Williams	Second Team Anne Marie Moccia Wood-Ridge	Third Team Gina Pettigano Elmwood Park