

SWIMMING

BERGEN COUNTY

CHAMPIONSHIP Bergen Catholic, 3:51.92; 6. Paramus Catholic, 3:57.73.

GIRLS

Team Scores: 1. Immaculate Heart (IHA) 516; 2. Northern Highlands (NH) 317; 3. Ramapo (RP) 217; 4. Demarest (DEM) 187; 5. Tenafly (T) 126; 6. Ridgewood (RW) 107; 7. Paramus Catholic (PC) 89; 8. River Dell/Westwood (RD/W) 86; 9. Old Tappan (OT) 67; 10. Fair Lawn (FL) 66; 11. Hasbrouck Heights (HH) 65; 12. Paramus (P) 58; 13. Hackensack (HA) 58; 14. Pascack Regional (PV) 54; 15. New Milford/Dumont (NM/D) 47; Teaneck (TE) 43; 16. Ramsey (RAM) 43.

200 Medley Relay: 1. IHA (Casey Fazio, Michelle Kim, Kayla McAvoy, Sara Nestowitz) 1:49.40; 2. Northern Highlands, 1:50.67; 3. Demarest,

1:57.10; 4. Tenafly, 1:58.85; 5. Ridgewood, 2:01.24; 6. Ramapo, 2:02.11;

AT FELIX FESTA MIDDLE SCHOOL

WEST NYACK, NEW YORK

BOYS

Team Scores: 1. Tenafly (T) 298; 2. Bergen Catholic (BC) 250; 3. Demarest (DEM) 218; 4. Ridgewood (RW) 165; 5. Don Bosco (DB) 159; 6. Northern Highlands (NH) 151; 7. (tie) Ramapo (RP) and Old Tappan (OT) 131; 9. Paramus (P) 107; 10. Teaneck (TE) 104; 11. Paramus Catholic (PC) 97; 12. Pascack Regional (PV) 83; 13. River Dell/Westwood (RD/W) 54; 14. Ramsey (RAM) 51; 15. Fair Lawn (FL) 44; 16. (tie) Hackensack (H) and Leonia (L) 40; 18. New Milford/Dumont (NM/D) 30.

200 Medley Relay: 1. Bergen Catholic (Josh Sembrano, Sebastian Lopez, John Om, Liam Kelly) 1:39.01; 2. Demarest, 1:41.33; 3. Don Bosco, 1:43.69; 4. Tenafly, 1:43.98; 5. Ramapo, 1:44.02; 6. Paramus, 1:46.51;

200 Freestyle: 1. John Nunez (PC) 1:43.47; 2. Trevor Leland (OT) 1:43.80; 3. Tommy Wolinski (BT)*1:45.28; 4. Sembrano (BC) 1:47.20; 5. Alex Liulakis (T) 1:49.43; 6. Max Distler (NH) 1:51.20;

200 IM: 1. Shane McNamara (DB) 1:56.88; 2. Eric Kim (P) 1:57.72; 3. Om (BC) 1:58.05; 4. Harold Choo (P) 1:59.43; 5. Christopher Wang (NM/D) 1:59.78; 6. Tim Graham (TE) 2:03.35;

100 Fly: 1. Leo Lim (T) 49.99; 2. Jin Roh (T) 51.91; 3. Nunez (PC) 52.80; 4. Graham (TE) 54.16; 5. Sam Maquet (PV) 56.85; 6. Lopez (BC) 57.08;

50 Freestyle: 1. Brendan Woo (RP) 21.88; 2. Trevor Marshall (TE) 22.20; 3. Liam Oberlander (RD/W) 22.47; 4. Kelly (BC) 22.71; 5. Kevin Guo (T) 22.94; 6. Jack Livingston (DM) 23.12;

100 Freestyle: 1. Woo (RP) 47.23; Terry Li (DEM) 48.47; 4. Wolinski (BT) 48.48*; 5. Marshall (TE) 48.81; 6. Kelly (BC) 49.46;

500 Freestyle: 1. Leland (OT) 4:36.18; 2. Greg Spiropoulos (T) 4:45.10; 3. Brian Kelly (MH)

4:46.24*; 4. Wang (NM/D) 4:46.48; 5. Lucas Morgan (NH) 4:57.82; 6. Evan Fischer (RW) 5:02.47;

200 Freestyle Relay: 1. Tenafly (Amit Bachar, Liulakis, Lim, Guo) 1:29.52; 2. Demarest, 1:31.43; 3. Ridgewood, 1:33.88; 4. Teaneck, 1:35.34; 5. Bergen Catholic, 1:35.38; 6. Northern Highlands, 1:35.76;

100 Backstroke: 1. Lim (T) 51.21; 2. Roh (T) 52.27; 3. Sembrano (BC) 52.89; 4. Eric Kim (P) 53.42; 5. Li (DEM) 54.25; 6. John Kilduff (DEM) 57.13;

100 Breaststroke: 1. Om (BC) 59.39; 2. McNamara (DB) 59.69; 3. Choo (P) 59.97; 4. Ed Kim (RW) 1:01.02; 5. Spiropoulos (T) 1:01.32; 6. Alejandro Hernandez (L) 1:02.01 ;

400 Freestyle: 1. Tenafly (Lim, Spiropoulos, Roh, Liulakis) 3:15.20; 2. Bergen Catholic (Sembrano, Rob Farrell, Kelly, Om) 3:22.67; 3. Paramus Catholic, 3:31.65; 4. Don Bosco, 3:32.13; 5.

200 Freestyle: 1. Madeline Wolf (NH) 1:55.96; 2. Lea Candelmo (IHA) 1:57.81; 3. Maggie McElwain (NH) 1:58.32; 4. Sophie Tallier (T) 1:58.51; 5. Emilia Weihenig (IHA) 1:59.64; 6. Charissa Venice (IHA) 2:00.06;

200 IM: 1. Fazio (IHA) 2:05.10; 2. Caitlin Grady (NH) 2:11.89; 3. Katie Murphy (RP) 2:12.00; 4. McAvoy (IHA) 2:17.48; 5. Effie Angus (RW) 2:20.67;

100 Fly: 1. Murphy (RP) 58.29; 2. Kim (IHA) 58.64; 3. Kim Sembrano (HH) 59.59; 4. Lauer (IHA) 1:00.29; 5. Jade Hursch (HA) 1:00.80; 6. Brendad Arthur (TE) 1:01.15;

50 Freestyle: 1. Danielle Bach (NH) 24.68; 2. Nestrowitz (IHA) 24.86; 3. Alison O'Connor (RP) 25.13; 4. Ashleigh Podhayny (IHA) 25.40; 5. Caitlyn Bach (NH) 25.66; 6. Valerie Lauer (IHA) 26.03;

100 Freestyle: 1. Nestrowitz (IHA) 52.98; 2. Christina Paspalas (DEM) 53.73; 3. Podhayny (IHA) 53.89; 4. O'Connor (RP) 54.49; 5. Madeline Wolf (NH) 54.57; 6. Julia Perry (RP) 55.26;

500 Freestyle: 1. Weihenig (IHA) 5:09.74; 2. Candelmo (IHA) 5:09.91; 3. Tallier (T) 5:12.32; 4. Erin Cervone (DEM) 5:13.00; 5. McElwain (NH) 5:16.78; 6. Sarah Cervone (DEM) 5:27.93;

200 Freestyle Relay: 1. IHA (Kim, Podhayny, Lauer, Nestrowitz) 1:41.19; 2. Northern Highlands, 1:41.65; 3. Ramapo, 1:43.08; 4. Paramus Catholic, 1:49.49; 5. Ridgewood, 1:50.38; 6. Demarest, 1:50.70;

100 Backstroke: 1. Fazio (IHA) 59.29; 2. Paspalas (DEM) 57.34; 3. Kim (IHA) 57.42; 4. Sembrano (HH) 59.69; 5. Danielle Bach (NH) 1:00.38; 6. Perry (RP) 1:01.25;

100 Breaststroke: 1. McAvoy (IHA) 1:08.68; 2. Grady (NH) 1:09.79; 3. Arthur (TE) 1:11.94; 4. Jennifer Iannelo (PV) 1:12.59; 5. Nicole Simotas (T) 1:15.15; 6. Jenarsy Pena (NM/D) 1:15.49;

400 Freestyle: 1. IHA (Fazio, Weihenig, Candelmo, Podhayny) 3:37.36.

*Independent swimmers