

2010 BCWCA All County Selection				Sport: Swimming
2010 County Team Champion: Immaculate Heart Academy				
2010 Coach of the Year: Thomas Viscardi (Northern Highlands)				
1st Team	Name	Grade	School	Coach
200 Medley Relay	Danielle Romain	11	IHA	Jason Schlereth
200 Medley Relay	Kayla McAvoy	10	IHA	Jason Schlereth
200 Medley Relay	Casey Fazio	10	IHA	Jason Schlereth
200 Medley Relay	Chloe Conjares	12	IHA	Jason Schlereth
200 Free	Danielle Romain	11	IHA	Jason Schlereth
200 IM	Ellen Huelbig	12	Rutherford	Ken Berk
50 Free	Chloe Conjares	12	IHA	Jason Schlereth
100 Butterfly	Ellen Huelbig	12	Rutherford	Ken Berk
100 Free	Chloe Conjares	12	IHA	Jason Schlereth
500 Free	Sara Craft	10	Glen Rock	Independent
200 Free Relay	Tara Nuzzo	12	IHA	Jason Schlereth
200 Free Relay	Emily Pedrick	12	IHA	Jason Schlereth
200 Free Relay	Kate Courter	12	IHA	Jason Schlereth
200 Free Relay	Chloe Conjares	12	IHA	Jason Schlereth
100 Backstroke	Casey Fazio	10	IHA	Jason Schlereth
100 Breaststroke	Kayla McAvoy	10	IHA	Jason Schlereth
400 Free Relay	Monica Nunez	10	IHA	Jason Schlereth
400 Free Relay	Ashleigh Podhayny	10	IHA	Jason Schlereth
400 Free Relay	Kimberly DiNapoli	11	IHA	Jason Schlereth
400 Free Relay	Danielle Romain	11	IHA	Jason Schlereth
2nd Team	Name	Grade	School	Coach
200 Medley Relay	Austin Mateo	10	Northern Highlands	Thomas Viscardi
200 Medley Relay	Alexa Widawsky	12	Northern Highlands	Thomas Viscardi
200 Medley Relay	Caitlin Grady	9	Northern Highlands	Thomas Viscardi
200 Medley Relay	Danielle Bach	10	Northern Highlands	Thomas Viscardi
200 Free	Sara Craft	10	Glen Rock	Independent
200 IM	Corinna Bertelson	12	Ridgewood	Keith Cook
50 Free	Danielle Bach	10	Northern Highlands	Thomas Viscardi
100 Butterfly	Casey Fazio	10	IHA	Jason Schlereth
100 Free	Alison O'Connor	10	Ramapo	Mike Lambert
500 Free	Danielle Romain	11	IHA	Jason Schlereth
200 Free Relay	Alexa Widawsky	12	Northern Highlands	Thomas Viscardi
200 Free Relay	Anne Crabill	12	Northern Highlands	Thomas Viscardi
200 Free Relay	Marissa Lauber	9	Northern Highlands	Thomas Viscardi
200 Free Relay	Amanda Distler	11	Northern Highlands	Thomas Viscardi
100 Backstroke	Alison O'Connor	10	Ramapo	Mike Lambert
100 Breaststroke	Caitlin Grady	9	Northern Highlands	Thomas Viscardi
400 Free Relay	Tori Holzberg	10	Ridgewood	Keith Cook
400 Free Relay	Rachel Cortright	10	Ridgewood	Keith Cook
400 Free Relay	Siobhan Goodman	10	Ridgewood	Keith Cook
400 Free Relay	Corinna Bertelson	12	Ridgewood	Keith Cook
Hon. Men.	Name	Grade	School	Coach
200 Medley Relay	Ashley ElNaggar	11	Ramapo	Mike Lambert
200 Medley Relay	Suzanne Stranzl	12	Ramapo	Mike Lambert
200 Medley Relay	Katie Murphy	9	Ramapo	Mike Lambert
200 Medley Relay	Alison O'Connor	10	Ramapo	Mike Lambert
200 Free	Amanda Distler	11	Northern Highlands	Thomas Viscardi
200 IM	Kayla McAvoy	10	IHA	Jason Schlereth
50 Free	Tara Nuzzo	12	IHA	Jason Schlereth
100 Butterfly	Katie Hommes	12	Indian Hills	Brian McDonnell
100 Free	Eilish Devine	10	River Dell	Chris Armen
500 Free	Corinna Bertelson	12	Ridgewood	Keith Cook
200 Free Relay	Meissa Clauss	10	Ramapo	Mike Lambert
200 Free Relay	Olivia Rutler	10	Ramapo	Mike Lambert
200 Free Relay	Kiersten Gomeley	12	Ramapo	Mike Lambert
200 Free Relay	Rachael Pikulski	10	Ramapo	Mike Lambert
100 Backstroke	Austin Mateo	10	Northern Highlands	Thomas Viscardi
100 Breaststroke	Ali Folman	9	Glen Rock	Independent
400 Free Relay	Ashley ElNaggar	11	Ramapo	Mike Lambert
400 Free Relay	Suzanne Stranzl	12	Ramapo	Mike Lambert
400 Free Relay	Katie Murphy	9	Ramapo	Mike Lambert
400 Free Relay	Alison O'Connor	10	Ramapo	Mike Lambert