

BERGEN RELAYS

Ridgewood girls, Hackensack boys tops

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RECORD STAFF WRITER 1/26/12

NEW YORK – For most of Wednesday night's Bergen County relays, Immaculate Heart Academy seemed poised to upset Ridgewood and regain the large-school girls title it last won three years ago.

"But I knew that if it came down to the last three events that we were very strong, and we hoped to stay in striking distance until then," Ridgewood coach Mike Mullen said at the Armory.

And indeed, with a second place in the distance medley, a third in the 4-x-400 and a win by Mimi De- Vita and Illana Brown in the pole vault, the Maroons made up a 12point deficit over IHA and pulled out a 61½-56½ win. DeVita, who shared meet honors with an 11-foot pole vault, and was part of medal-winning teams in the high jump, shuttle hurdles and triple jump, won the Lou Molino Award as the top girl performer. "We relied on a lot of young kids tonight," said Mullen. "But our seniors really stepped up and helped us make up for some mistakes we made in the early part of the meet." Other team titles went to Hasbrouck Heights in the girls smallschool, Hackensack in the boys large-school and Ridgefield Park in the boys small-school.

Pascack Valley junior Ben Malone won the Alan Wedemeier Award as the top boy performer. His 1:51.8 800-split anchored Pascack Valley to a Bergen County record 3:29.9 in the sprint medley. The time is the fastest in the country this season and ranks No. 5 in state history.

For Hasbrouck Heights, a 79-74 winner over Ramsey for its second straight title, the win was a little unexpected after the graduation of one of the best classes in school history last year. "I thought our boys might have a better chance than the girls," said Heights coach Rob Brady. "But Ridgefield Park is just having a great year. But our senior girls this year have stepped up and brought the younger girls with them."

Ridgefield Park built on the cross-country success of the fall, and with a school record in the two-man shot put and a solid clinching win in the 4-x-400, defeated Heights, 88-75½. It is the Scarlets' first win since 1994. Ramsey (73) placed third.

"We knew we had a chance coming in, but against great programs like Hasbrouck Heights and Ramsey, this is a real big achievement for us," said Scarlets coach Nick Faulkner. "The kids have just gotten stronger in every event, and it's paid off for us."

But the most impressive team of the night was the powerful Hackensack Comets, who ended Don Bosco's record six-year reign in the division with a flourish. Hackensack won the 4-x-400 relay — the boys' final event — in a stunning 3:24.7 to complete a 77-56½ win over the Ironmen.

"It's been a long time coming," said Hackensack coach Jim Levitzke, whose team last won in 2004. "We have a good team that covers just about every event but the pole vault. I was a little worried about our distance team having to double back, because we don't do that well. But they did a good job tonight."

"Our second thrower [Virron Humes] was our second high jumper tonight and made 6 feet, so that's pretty impressive. And after we had a problem in the triple jump, we came back and won the high jump."

Levitzke credited his coaching staff, which includes former state discus champ Monique Mighty, Dennis Healy, Mario Santivanez, Elvis Cole and Walter King, for his team's preparation and focus.

"They do all the work," he said. "I just get the trophy."

INDOOR TRACK AND FIELD Results

BERGEN COUNTY RELAYS

AT THE ARMORY TRACK CENTER, N.Y.

GIRLS LARGE SCHOOLS

Team Scoring: Ridgewood 61.33, IHA 56.83, Teaneck 48, Mahwah 37, Holy Angels 31, Demarest 21, Ramapo 17, Fair Lawn and Paramus 15, Hackensack 14½, Old Tappan 12,

No. Highlands 11, Pascack Valley, Paramus Cath. and Indian Hills 10, Bergen Tech 2.33.

Shuttle HH: 1. Fair Lawn (Anne Kavalerchik, Kristie Nati, Danielle Pinelli, Marissa Piazza), 34.3; 2. Ridgewood, 34.6; 3. IHA, 34.7; 4. Holy Angels, 35.2; 5. Old Tappan, 35.3; 6. Paramus, 36.1.

4-x-200: 1. Teaneck (Talasiah Balgobin, Janay Ferrel, Ana Atkinson, Kahlia Taylor), 1:45.1; 2. Paramus Cath., 1:48.1; 3. IHA, 1:52.1; 4. Demarest, 1:54.5; 5. Indian Hills, 1:54.8; 6. Fair Lawn, 1:55.0.

4-x-400: 1. Teaneck (Talasiah Balgobin, Kahlia Taylor, Ana Atkinson, Janay Ferrel), 4:08.6; 2. Indian Hills, 4:13.4; 3. Ridgewood, 4:13.7; 4. Pascack Valley, 4:16.3; 5. Paramus Cath., 4:18.7; 6. IHA, 4:19.9.

4-x-800: 1. No. Highlands (Karina North, Ariana North, Sofia Licata, Anna Richard), 9:59.4; 2. Ridgewood, 10:01.3; 3. Pascack Valley, 10:06.0; 4. Holy Angels, 10:09.7; 5. IHA, 10:28.3; 6. Paramus, 10:32.1.

4-x-1,600: 1. Ridgewood (Caroline Davidson, Laura Weisberger, Emily Fishbein, Catherine Pagano), 22:18.1; 2. IHA, 22:33.1; 3. Paramus, 23:26.5; 4. Hackensack, 23:32.4; 5. Holy Angels, 24:37.8; 6. No. Highlands, 24:41.7.

Sprint medley: 1. Ridgewood (Micaela McPadden, Moriah Jennings, Courtney Campbell, Hanako Shigenobu), 4:23.9; 2. Demarest, 4:25.6; 3. Mahwah, 4:36.1; 4. Fair Lawn, 4:36.6; 5. Holy Angels, 4:36.9; 6. IHA, 4:43.4.

Distance medley: 1. Ramapo (Deanna DiLandro, Claire Scavone, Hailey Rocchio, Lisa Zimmer), 12:42.0; 2. Ridgewood, 12:46.8; 3. IHA, 13:12.8; 4. Hackensack, 13:32.6; 5. Holy Angels, 13:34.7; 6. Old Tappan, 13:40.7.

Shot put: 1. IHA (Theresa Picciallo, Gabrielle Nutile), 75-3 $\frac{3}{4}$; 2. Teaneck, 69-8; 3. Hackensack, 66-5 $\frac{3}{4}$; 4. Paramus, 63-3 $\frac{3}{4}$; 5. Bergen Tech, 57-8 $\frac{3}{4}$; 6. Holy Angels, 57-6.

High jump: 1. Mahwah (Carolyn Edler, Gena Pickett), 9-8; 2. tie between Old Tappan and Holy Angels, 9-6; 4. Demarest, 9-4; 5. Teaneck, 9-2; 6. tie between Bergen Tech, IHA and Ridgewood, 9-0.

Long jump: 1. IHA (Gina Carlino, Shaye Wisse), 33-1 $\frac{1}{4}$; 2. Teaneck, 32-6 $\frac{1}{2}$; 3. Mahwah, 31-3; 4. Holy Angels, 30-7 $\frac{1}{2}$; 5. Old Tappan, 30-3 $\frac{3}{4}$; 6. Demarest, 29-7 $\frac{3}{4}$.

Triple jump: 1. Teaneck (Ana Atkinson, Chantea Cummings), 69-2 $\frac{1}{2}$; 2. Mahwah, 68-7 $\frac{1}{2}$; 3. IHA, 64-11 $\frac{1}{2}$; 4. Demarest, 63-9 $\frac{3}{4}$; 5. Holy Angels, 62-9 $\frac{3}{4}$; 6. Ridgewood, 60-9 $\frac{3}{4}$.

Pole vault: 1. Ridgewood (Mimi DeVita, Illana Brown), 20-6; 2. tie between Mahwah and Ramapo, 19-6; 4. tie between Holy Angels and Paramus, 14-6; 6. Tie between IHA and Hackensack, 14-0.

SMALL SCHOOLS

Team Scoring: Hasbrouck Heights 79, Ramsey 74, Westwood 57, Waldwick 25, Pascack Hills 21, Dumont and Rutherford 19, Englewood 18, Ridgefield Park 13, New Milford 12, Queen of Peace 10, Dwight-Englewood 2, Wood-Ridge 1.

Shuttle HH: 1. Hasbrouck Heights (Jennifer White, Rayn Moses, Haleigh Machtemes, Jenna Di Giacinto), 34.6; 2. Ramsey, 35.1; 3. Dumont, 36.7; 4. Pascack Hills, 38.5; 5. New Milford, 40.6; 6. Wood-Ridge, 42.8.

4-x-200: 1. Ramsey (Kristen Webb, Kelly Redl, Alana Karpovitch, Katie Vernon), 1:49.6; 2. Englewood, 1:53.9; 3. Waldwick, 1:54.7; 4. Westwood, 1:55.7; 5. Hasbrouck Heights, 1:56.0; 6. Ridgefield Park, 1:57.0.

4-x-400: 1. Westwood (Rebecca Fasano, Dana Bianchi, Alesia Fasano, Gabriela Sloezen), 4:07.5; 2. Ramsey, 4:08.3; 3. Hasbrouck Heights, 4:22.7; 4. Ridgefield Park, 4:24.8; 5. Englewood, 4:29.4; 6. Pascack Hills, 4:30.5.

4-x-800: 1. Westwood (Dana Bianchi, Alana Milazzo, Julia Senkovich, Gabriela Sloezen), 9:52.3; 2. Ramsey, 10:02.2; 3. Hasbrouck Heights, 10:27.2; 4. Rutherford, 10:44.9; 5. New Milford, 10:47.4; 6. Waldwick, 10:50.3.

4-x-1,600: 1. Westwood (Corinne Myers, Victoria Hanna, Celia Cattabiani, Kim Oppenheim), 23:30.0; 2. Hasbrouck Heights, 24:11.3; 3. Ramsey, 24:22.0.

Sprint medley: 1. Hasbrouck Heights (Jenna DiGiacinto, Danielle Cannici, Daniella Macera, Victoria McKnight), 4:37.5; 2. Ramsey, 4:41.4; 3. Ridgefield Park, 4:43.3; 4. Dumont, 4:47.0; 5. Dwight-Englewood, 4:47.4; 6. Westwood, 4:58.2.

Distance medley: 1. Westwood (Corinne Myers, Julia Senkovich, Kim Oppenheim, Victoria Hanna), 13:44.4; 2. Ramsey, 13:48.5; 3. New Milford, 14:16.7; 4. Hasbrouck Heights, 14:26.3; 5. Rutherford, 14:48.3; 6. Dumont, 14:55.3.

Shot put: 1. Westwood (Nataly Brown, Kailee Oakes), 59-8 $\frac{1}{4}$; 2. Hasbrouck Heights, 59-2 $\frac{1}{4}$; 3. Rutherford, 57-9 $\frac{1}{2}$; 4. Waldwick, 53-3 $\frac{1}{4}$; 5. New Milford, 53-1 $\frac{1}{2}$; 6. Ramsey, 50-0.

High jump: 1. Waldwick (Ali Giordano, Kayla Pauwels), 9-2; 2. tie between Rutherford and Hasbrouck Heights, 9-0; 4. Ramsey, 8-8; 5. Ridgefield Park, 8-6.

Long jump: 1. Pascack Hills (Briana Setnitzky, Jenny Wankmuller), 31-0; 2. Hasbrouck Heights, 30-3 $\frac{3}{4}$; 3. Englewood, 29-0 $\frac{1}{4}$; 4. Waldwick, 28-7; 5. Westwood, 28-6; 6. Ramsey, 28-0 $\frac{1}{4}$.

Triple jump: 1. Hasbrouck Heights (Rayn Moses, Jen White), 66-9 $\frac{1}{2}$; 2. Dumont, 63-8 $\frac{3}{4}$; 3. Pascack Hills, 61-11 $\frac{3}{4}$; 4. Ramsey, 60-7 $\frac{1}{2}$; 5. Englewood, 59-8 $\frac{1}{2}$.

Pole vault: 1. Queen of Peace (Michelle Rozalski, Catherine Rozalski), 18-0; 2. Ramsey, 16-0.