

## 2010 BCWCA All-County Selection

Sport: Indoor Track

Team of the Year: Immaculate Heart Academy

Coach of the Year: George Glover (Westwood)

1st Team	Name	Grade	School	Coach
55m	Bryanna Knight	12	Paramus Catholic	Bryan Durango
55mHH	Mel Lewis	11	Midland Park	Jack Ferriday
300m	Colleen Murphy	12	Westwood	George Glover
400m	Myasia Jacobs	10	Paramus Catholic	Bryan Durango
600m	Jenni Zymet	12	Paramus	Jeff Schorling
800m	Julie Sinkovitz	12	Immaculate Heart Academy	Shemayne Williams
1000m	Julieanne Fontana	12	Pascack Hills	Jeff Clark
1600m	Margaret Loudon	11	Old Tappan	Megan Mastropolo
3200m	Alexandra Clinton	12	Ramsey	Matt Wynne
Shot Put	Kathryn Hirsch	10	Demarest	Zoe Gavriilidis
High Jump	Khyla Bailey	12	Paramus Catholic	Bryan Durango
Long Jump	Danna Wasserman	12	Demarest	Zoe Gavriilidis
Triple Jump	Shaena Wizzard	12	Teaneck	Charlie Lovelace
Pole Vault	Kayla Polcari	11	Ridgewood	Mike Mullin
1600m Relay	Jen Pash	10	Immaculate Heart Academy	Shemayne Williams
1600m Relay	Michele McCourt	12	Immaculate Heart Academy	Shemayne Williams
1600m Relay	Serenity Martin	12	Immaculate Heart Academy	Shemayne Williams
1600m Relay	Julie Sinkovitz	12	Immaculate Heart Academy	Shemayne Williams
3200mRelay	Lisa Anderson	11	Ramsey	Matt Wynne
3200mRelay	Alexandra Clinton	12	Ramsey	Matt Wynne
3200mRelay	Elizabeth Rosenberger	12	Ramsey	Matt Wynne
3200mRelay	Diane Bain	12	Ramsey	Matt Wynne
Pentathlon	Sarah DeVita	11	Ridgewood	Mike Mullin
2nd Team	Name	Grade	School	Coach
55m	Kim Nagotko	11	Mahwah	
55mHH	Steph Carnevale	12	River Dell	
300m	Kelsley Broomfield	11	Holy Angels	
400m	Michelle McCourt	12	Immaculate Heart Academy	
600m	Nancie Sophias	11	Fort Lee	
800m	Christine Spilka	12	Old Tappan	
1000m	Justine Schnell	12	Northern Highlands	
1600m	Kalieggh Kenny	12	Holy Angels	
3200m	Emily Dunne	11	Holy Angels	
Shot Put	Apresha Hampton	11	Teaneck	
High Jump	Taylor Clarkson	11	Indian Hills	
Long Jump	Asher Beasley	12	Paramus Catholic	
Triple Jump	Tiffany Evangelou	12	Immaculate Heart Academy	
Pole Vault	Chelsea Hartigan	12	Ramapo	
1600m Relay	Colleen Murphy	12	Westwood	
1600m Relay	Gabriela Sloezen	10	Westwood	
1600m Relay	Kaila Fasano	11	Westwood	
1600m Relay	Michelle Cascio	11	Westwood	
3200mRelay	Margaret Loudon	11	Old Tappan	
3200mRelay	Casey Kreitman	12	Old Tappan	
3200mRelay	Sharon O'Reilly	10	Old Tappan	
3200mRelay	Christine Spilka	12	Old Tappan	
Pentathlon	Christine Spilka	12	Old Tappan	

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<b>3rd Team</b>	<b>Name</b>	<b>Grade</b>	<b>School</b>	<b>Coach</b>
55m	Casey Perez	12	Holy Angels	
55mHH	Asher Beasley	12	Paramus Catholic	
300m	Michelle Cascio	11	Westwood	
400m	Victoria Mold	11	Mahwah	
600m	Allison Torsiglieri	10	Tenafly	
800m	Sharon O'Reilly	10	Old Tappan	
1000m	Hanako Shigenobu	10	Ridgewood	
1600m	Teresa Gagliostro	12	Westwood	
3200m	Jen Molke	11	Holy Angels	
Shot Put	Theresa Picciallo	10	Immaculate Heart Academy	
High Jump	Stephanie Encarnacion	11	Ridgefield Park	
Long Jump	Gina Carlino	10	Immaculate Heart Academy	
Triple Jump	Marissa Romano	11	Hasbrouck Heights	
Pole Vault	Melinda Rothman	11	Mahwah	
1600m Relay	Janay Ferrel	10	Teaneck	
1600m Relay	Alison Price	12	Teaneck	
1600m Relay	Shaena Wizzard	12	Teaneck	
1600m Relay	Kahila Taylor	11	Teaneck	
3200mRelay	Teresa Gagliostro	12	Westwood	
3200mRelay	Megan Boullianne	12	Westwood	
3200mRelay	Meghan Kocher	11	Westwood	
3200mRelay	Jill Rosica	11	Westwood	
Pentathlon	Taylor Clarkson	11	Indian Hills	